

Comox Strathcona Waste Management (CSWM)

Indigenous Zero Waste Technical Advisory Group

April 27, 2023

Stephanie Valdal

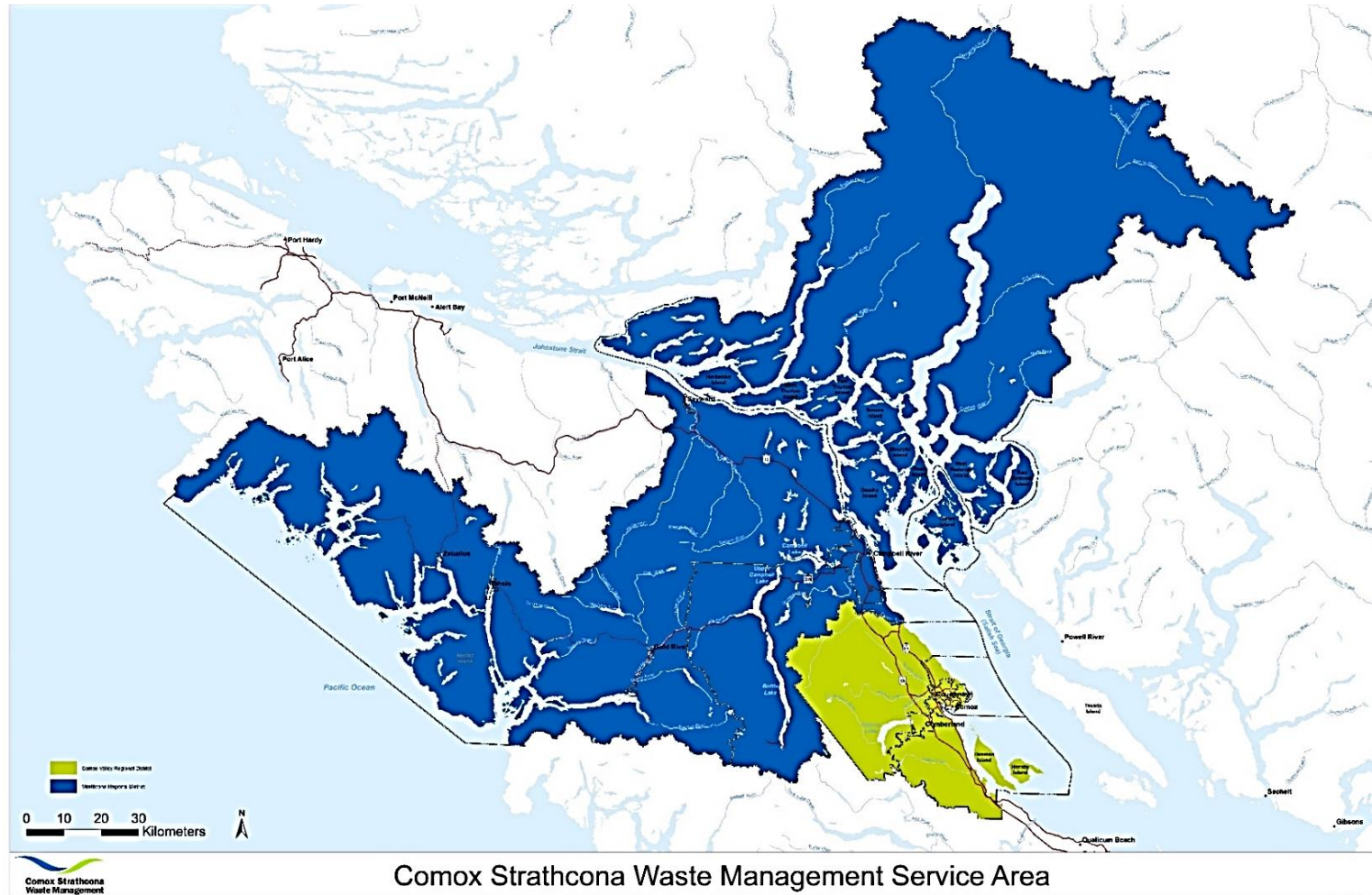
CSWM Services Coordinator





Comox Valley Regional District

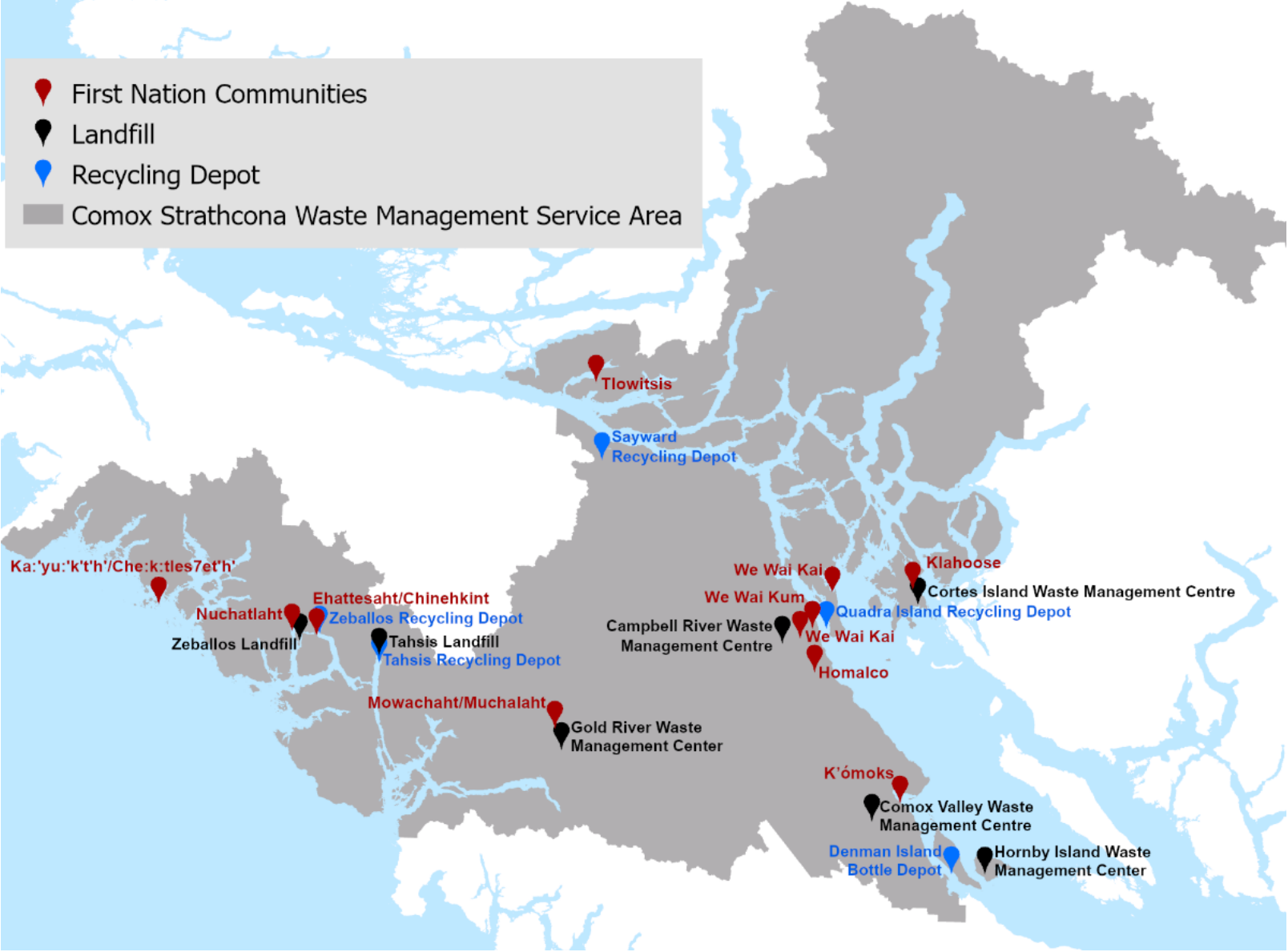
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CSWM Service Map



-  First Nation Communities
-  Landfill
-  Recycling Depot
-  Comox Strathcona Waste Management Service Area



Mowachaht/Muchalaht First Nation Electronics EPR



Klahoose First Nation RecycleBC & Composting



Homalco First Nation Waste Diversion & Composting



LOVE FOOD HATE WASTE CANADA

WHERE YOU STORE FOOD IN YOUR FRIDGE MATTERS

DELI DRAWER
Cheese, deli meats

DOOR IS THE WARMEST PART OF FRIDGE

SET HUMIDITY LEVEL
The adjustable levers on the crisper drawers change humidity levels. If your fridge has these, set one to high humidity (closed, less air coming in) and one to low (open, more air coming in).

SOME PARTS OF YOUR FRIDGE ARE WARMER THAN OTHERS

TEMPERATURE
Set your fridge at 4°C or lower

TOP SHELF
Leftovers, drinks, ready-to-eat foods, berries, herbs

MIDDLE SHELVES
Milk, eggs, dairy

BOTTOM SHELF
Raw meat, poultry, and seafood
TIP: Store in trays or sealed containers to prevent drips from contaminating the food below.

CONTROL THE RIPENING PROCESS
Some produce gives off a gas called ethylene that speeds ripening. To keep foods longer, separate foods that create ethylene from the foods that are damaged by it. Keep ethylene-producing fruits and veggies in a loosely tied bag, away from already-ripe produce. **High Ethylene Producers:** apples, bananas, kiwis, tomatoes, avocados

COLDEST PART OF FRIDGE


HIGH HUMIDITY DRAWER
Put most veggies, particularly those that might wilt, in the high humidity drawer.
Carrots, leafy greens, broccoli, asparagus, cabbage, cauliflower, cucumber, green beans, lettuce, spinach, peppers

LOW HUMIDITY DRAWER
Put fruits in the low humidity drawer, along with vegetables that have a tendency to break down and rot.
Apples, pears, grapes, mushrooms, melons, peaches, papayas, mangoes, oranges, lemons

KEEP YOUR FOOD FRESH BY KNOWING YOUR FRIDGE STORAGE BASICS



Nuchatlaht First Nation Community Clean Up



**26
May
1 - 5 pm**



Followed by
a workshop
at 6 pm

Oclucje Clean-Up Day

Residents can drop off any quantity of the following items free of charge:

- Plastic Bags & Outer Wrap**
 - Soft plastic bags
 - Outer bags & wrap
- Other Flexible Plastic Packaging**
 - Zipper lock & stand up pouches
 - Chip bags, candy bar wrappers & cereal bags
 - Plastic seals from containers like yogurt
 - Plastic shipping envelopes & bubble wrap
- Electronics, Small Corded Household Appliances, & Power Tools**
 - TVs, computers & monitors, desktop printers and other media machines
 - Phones, cell phones, pagers, IT & telecom equipment
 - Home audio video systems, video game consoles and accessories
 - Musical instruments
 - Small/large battery-powered toys
 - Medical and health monitoring equipment
- Paints & Solvents**
 - Household paint or stain with labels intact, aerosol paint
 - Empty paint or stain containers
- Residential Light Bulbs**
 - Residential light bulbs - no black light or horticultural/agricultural equipment
- Flammable Liquids & Pesticides**
 - Pesticides - Must have the poison symbol, the Pest Control Product number and the word "Domestic" on the label (max. container size 50 litres, max. aerosol container size 680g/24oz)
 - Gasoline - in approved container (max-size 25L)
- CO₂ & Smoke Alarms**
- Household Batteries - single use & rechargeable**
- Used motor oil and antifreeze filters & containers**

In Partnership With

Questions? Call: 250-792-0026



**27
May
1 - 5 pm**

**28
May
9 am - 12 pm**

Zeballos Clean-Up Days

Residents can drop off any quantity of the following items free of charge at the Zeballos Recycling Depot:

- Electronics, Small Corded Household Appliances, & Power Tools**
 - TVs, computers & monitors, desktop printers and other media machines
 - Phones, cell phones, pagers, IT & telecom equipment
 - Home audio video systems, video game consoles and accessories
 - Musical instruments
 - Small/large battery-powered toys
 - Medical and health monitoring equipment
- Residential Light Bulbs**
 - Residential light bulbs - no black light or horticultural/agricultural equipment
- CO₂ & Smoke Alarms**
- Household Batteries - single use & rechargeable**
- Used motor oil and antifreeze filters & containers**
- Paints & Solvents**
 - Household paint or stain with labels intact, aerosol paint
 - Empty paint or stain containers



For more information visit: cswm.ca

Ehattesaht First Nation

BCUOMA

Collaborating with First Nations

Remote communities face big challenges when it comes to environmental protection and accessing public services such as recycling. The story of the Ehattesaht Nation, Lyle Billy, Stephanie Valdal and Ryan Foster is just one of several collaborations between First Nations and our association.



K'ómoks First Nation Ocean Legacy Foundation



WE DO ACCEPT 

<p>*OYSTER BASKETS & CRAB POTS <small>- Perfect condition, reusable oyster baskets</small></p> 	<p>*OYSTER BASKETS & CRAB POTS <small>- Damaged/broken oyster baskets</small></p> 
<p>*HARD PLASTIC BUOYS</p> 	<p>*HARD PLASTIC FRAGMENTS</p> 
<p>*BEVERAGE BOTTLES</p> 	<p>*NETTING</p> 
<p>*ROPE</p> 	<p>*BARRELS</p> 
<p>*TIRES WITH STYROFOAM</p> 	<p>*STYROFOAM <small>✔ White Styrofoam ✘ No coloured foam</small></p> 

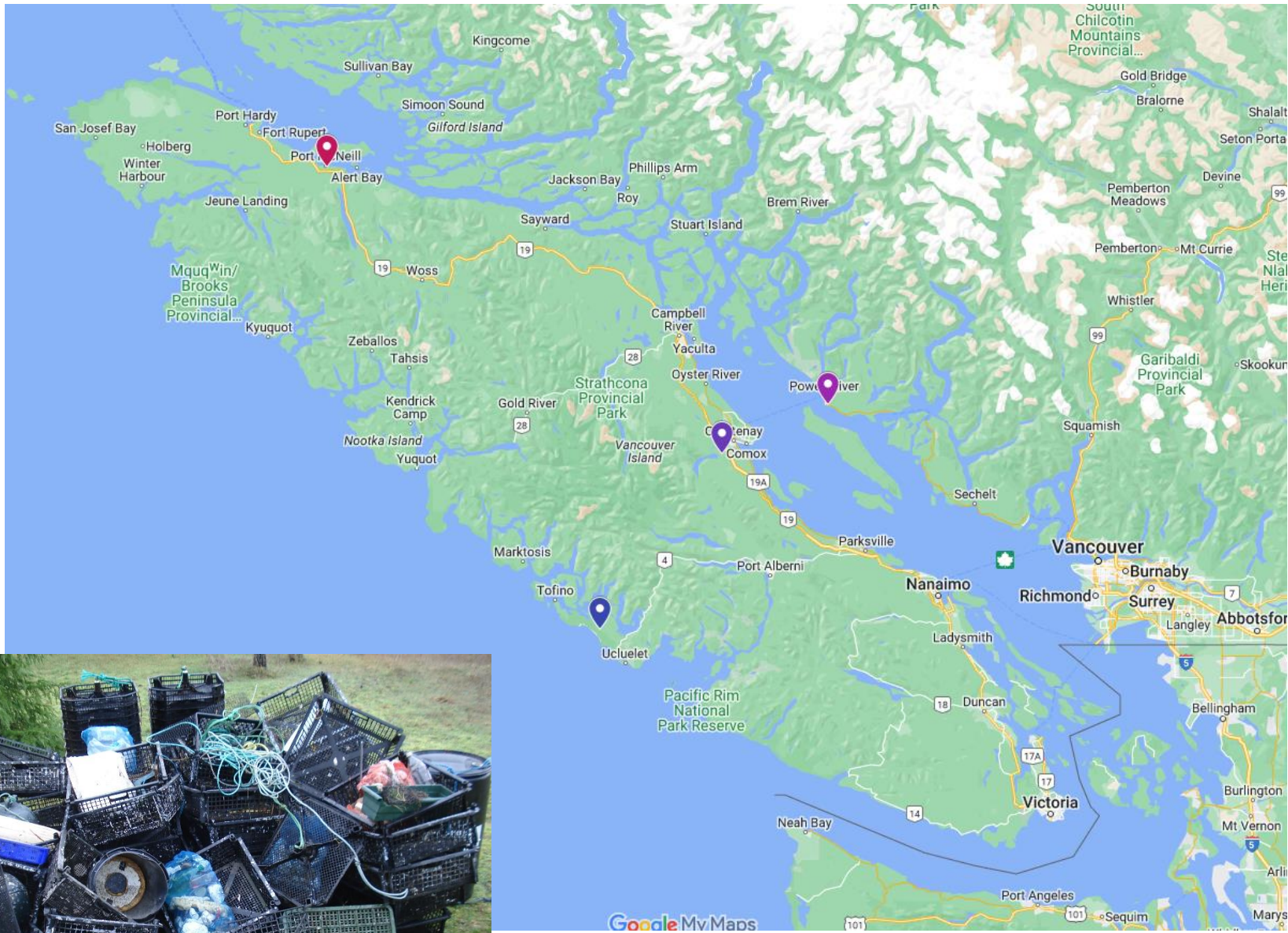
WE DO NOT ACCEPT

- ✘ Coloured Styrofoam
- ✘ Dirty Styrofoam
- ✘ PVC /ABS Tubing
- ✘ Lighters, Tennis Balls
- ✘ Containers or Bottles with liquid
- ✘ Metal, Glass or Fiberglass
- ✘ Candy/Snack Wrappers



<p> DO NOT LEAVE LOOSE ITEMS! All items must be placed in a provided storage bag unless it is too big to fit into bag.</p>	<p> No standing water please, empty all water from all items if possible before placing them in a storage bag.</p>	<p> Do not leave your item in the wrong category or on the ground. Help us keep things organized!</p>
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If you do not see your item included in a category then we unfortunately are not yet able to recycle your item or your regional district has a local recycling option in place.



**Comox Strathcona
Waste Management**

First Nation Recycling Initiative (FNRI) Pilot Program





Thank you!
Questions?